



Biophilic Illusions

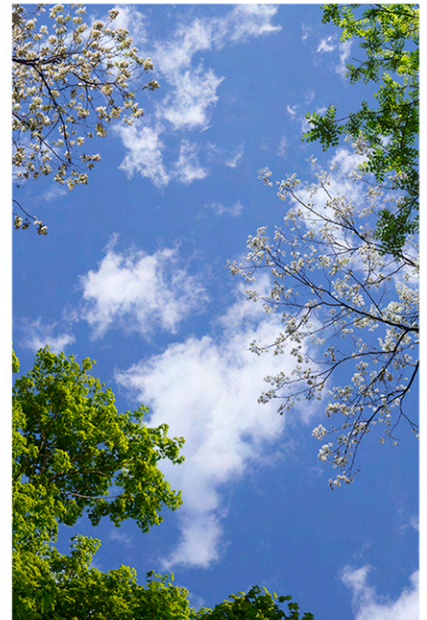
*Earn 1.0 HSW Credit (AIA)
1.0 General LU (LEED AP)
1.0 PXE Credit (CPXP)
0.1 HSW Credit (IDCEC)*

Course Summary and Learning Objectives

IN THIS COURSE we explore our instinctive attraction and connection to nature, identified as Biophilia.

We explore the ways that our lives are dependently and beneficially intertwined with nature. We review the research documenting the positive outcomes of natural environments on human health.

We explore the 14 patterns of Biophilic Design and how integrating nature's attributes into architecture enlivens biophilic engagement. We examine optical illusions, bi-sensory illusions of nature, and research on sky illusions in relation to architectural design. Finally, we explore the framework, mechanics, and outcomes for health of generating Cognitive Biophilia.



Following this course you will be able to:

Define the Biophilia Hypothesis, as well as discuss its bio-evolutionary origins.

Summarize the benefits natural environments, daylight, and panoramic views can have on human performance and wellness.

Discuss the purpose and the main tenets of Biophilic Design, as well as its predominant patterns and features.

Explain how optical illusions can alter our perception of enclosed interiors and discuss the history and application of illusions in architectural design.

Explain the cognitive principles involved in illusory perception and the associated health benefits for a range of occupants, including patients.

This course is approved by the following organizations:

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Email: education@skyfactory.com
Phone: +1 (866) 759 3228 ext 400

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